## ACRC Code of Conduct 2019

# ANCHOR CITY ROLLERS CLUB MEMBER CODE OF CONDUCT

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Anchor City Rollers Club strives to create a skating community that encompasses a set core of principles, including loyalty, friendship, personal growth, fitness and health.

A league member is defined as any dues paying active members, current board members, and members on official leave of absence, medical leave or maternity leave.

Our code of conduct is pivotal to ensuring the success of our league, and encompasses our core principles. To ensure compliance with this code, the BOD has implemented a three strike system.

Any member not complying with the code of conduct on a:

- 1. First offence will be subject to a verbal warning;
- 2. Second offence will be subject to a written warning;
- 3. Third offence will be subject to a meeting with the BOD, which may lead to dismissal from the league.

#### MEMBER CODE OF CONDUCT

#### Gear

Members must support a *safe environment* during practices and bouts. This includes: Supplying your own skates and protective gear, including, but not limited to, knee and elbow pads, wrist guards, mouth guard and helmet. All gear should be appropriate to the sport, in good working order and should not pose a threat to any other players.

All members and gear must be "rink-safe", meaning that it must be none marking on the skating surface, any other surface, and not cause injury to property of any person(s).

## Supplying relevant contact information to the league

Members will receive an electronic copy of the CoC via the email provided by each member. Receipt of this document is a binding agreement; members are responsible for reading it and abiding by the rules.

Members are also responsible for filling out form "C" and submitting to the league as outlined by the insurance company CRDi. If forms are not filled out properly in full, members will not be eligible to skate.

# **Other Member Expectations**

- Bringing to the attention of the nearest Leader/Board Member immediately, any unusual or significant hazard in their presence, or another member's presence, that may hinder their participation.
- Obtaining approval from the Public Relations Director prior to taking part in media opportunities in which members would be publicly representing

• ACRC members must keep the coaches informed of any injuries or other issues sustained in and outside of skating, and failing to do so, skate at their own risk.

# **Expected Sporting Behaviour**

Members should have *strong team ethics* and should practice good sportspersonship at all times. This includes:

- Play by the rules. Make every effort to learn and familiarize yourself with the most current WFTDA rule set.
- Be respectful of officials during game play (game or practice). If there are any calls made that the member disagrees with, the issues should be brought to the attention of the captains coaches or clarified directly after the game or practice.
- Cooperate with the coach, team captains, fellow members, referees and other volunteers.
- Respect the following guidelines for bouting, promotional opportunities and public events. No nudity/partial nudity/items of clothing expressing vulgar or offensive material.
- Any verbal or physical abuse of officials, volunteers, other members, or spectators will not be tolerated.

ACRC should always create a *welcoming and supportive environment* for every member Discrimination will not be tolerated.

## **Player Requirements**

All members must meet *skills requirements* (as followed by WFTDA Minimum Skills Requirements) and have up to date insurance before they are eligible to scrimmage, bout, or attend training sessions requiring WFTDA Minimum Skills.

Members must be willing to take direction/suggestions from team captains or trainers about skills and game rules.

Members must respect the decision of the team captains/trainers regarding safety and game play.

Members are required to meet *participation/attendance requirements* as set out below. Members must complete all drills in order to count that practice towards minimum practice attendance requirements, unless unable to do so due to injury or health concerns (including both physical and mental health).

# PARTICIPATION / ATTENDANCE REQUIREMENTS

- To be eligible for a home team roster, skaters must have attended in full (warm up to cool down) 30% or more of practices for the three months leading up to the game. This is to ensure they are able to participate safely and to promote team building.
- All skaters with 70% attendance in the 3 months leading up to the game, will be considered for the roster. Spots on the roster are not guaranteed for all skaters who achieve 70% attendance, as it will depend how many skaters have been drafted to that travel team and how many skaters the captains choose to put on the roster.
- Skaters who have below 70% attendance, but above 55% attendance will potentially be considered for the roster if additional spots are available. Coaches and captains will

- assess those players based on the reasons they could not attend more practices, their past practice attendance, performance at practice, attitude, cohesion with the team etc.
- Skaters with 55% attendance or below will not be considered for that game roster.
- If a Travel Team is unable to fill their roster with skaters drafted to that team, they may draw on other SS skaters to fill the required spots, at the captain's discretion with the first criteria being their performance at practice and second being their attendance. However, A team players are not allowed to help fill in B-team rosters.
- If an ACR practice is missed because a skater is away but attends another league's practice, they will be given 75% for that practice. Skaters are responsible to report the practice time to the captains.

#### **TESTING**

There will not be yearly testing for seasoned skaters if they consistently participate in practice throughout the year. Each year seasoned skater will write the written test in order to be eligible to bout. They still may participate in practices without having written the test with the understanding that it will be required. This will allow ACR member to still practice while waiting for the test to be administered.

#### **INJURED MEMBER POLICY**

Skaters who hurt themselves or hit their head at practice will be asked by the trainers to sit out for the remainder of the practice. Depending on the severity of the injury, the skater may be asked to remain off skates for a week or until being cleared by a medical professional Skaters who need to take time off due to injury will be responsible for monthly dues until they fill out the online LOA form https://goo.gl/forms/H0eOxIZ0POgesDgH3

# **LEAVE OF ABSENCE (LOA) POLICY**

- Members are entitled to take a leave of absence, for any reason, so long as they fill out the LOA form. A member on an LOA will retain their member status, but once a skater has been on LOA for more than two months their voting privileges will be suspended. During an LOA, members are not required to pay dues. LOAs cannot be backdated and commence the date the form was filled out. Member are expected to pay their dues, regardless of how much or how little time is spent with the team/league if the form was not filled out. During an LOA, a member who wishes to visit the team during practice time may do so; however they must attend off skates.
- If the skater has skated for 2 years or more as a seasoned skater and takes a 1 year leave or more, they will be required to attend a minimum of one intermediate or low contact practice to be assessed for safety prior to attending a seasoned skater practice (at the trainers' discretion)
- If the skater has skated for less than 2 years as a seasoned skater, they will be required to do the same after a 6 month break or more.
- Skaters name and number will be reserved for no more than two years after the start of their leave of absence after which new members can select the number. If a skater is off

skates for more than two years they can contact the training team to request an extension. Refer to the Name and Number policy for further information.

#### PARENTAL LEAVE

During parental leave, members are released from all attendance and participation requirements and not obligated to pay dues. They are considered non-active members during that time. Voting eligibility is suspended until the skater returns or maintains an active role within the league.

Members who are pregnant and plan to continue skating are encouraged to inquire with their respective insurance regarding coverage and to discuss with their primary care provider to establish safe play recommendations. Members making the choice to participate in skating practices and contact drills understand that ACRC or individual members cannot be held liable in the case of adverse outcome to the pregnancy.

Members on parental leave will have their skating skills reassessed upon their return.

## **DUES**

Members will pay the designated monthly dues (currently set at \$50/month for Benchmarked/Seasoned Members and \$30/month for Low Contact and Intermediate) which are to be submitted to the Treasurer within the first week of every month. If a member cannot pay their dues within the set timeframe, they will need to discuss future payment plans, and any issues, with the Treasurer. If a member has not paid their dues within thirty days, a written notice will be sent to the member notifying them that their late payment is required. If a member has not paid their dues after sixty days, they will be placed on probation. Skaters on probation for lapsing in dues are expected to attend practice for team attendance requirements, but cannot participate on skates. The member will also need to meet with the BOD to discuss a resolution. After ninety days of non-payment, non-resolution, or non-compliance, the member is subject to a meeting and possibility of a dismissal vote set and decided by the HR committee with consultation from the Treasurer.

#### **USE OF ALCOHOL/DRUGS**

Members must not, at any time, be under the influence of alcohol or drugs when on skates, except in the case of medication which has been prescribed by a physician, and which does not cause impairment. Any member who does not abide by this rule will be subject to a dismissal vote by the BOD.